

## NCCSPA SUMMER 2020 Rules/Policies

For this unusual season to be a success, we need members' complete compliance on social distancing and hygiene rules, including the following new pool protocols which are essential for helping our community stay healthy while providing families the opportunity to get out of our homes and have some fun! Questions can be sent to [health@nccspa.com](mailto:health@nccspa.com)

### Arriving at and Leaving the Pool

1. Members should arrive **wearing masks** at the front desk, in swim suits (changing in bathroom not permitted), ready to swim NO EARLIER than five minutes before the scheduled time to keep congregating at a minimum.
2. At this time, guests (other than paid associate members of the household) are not allowed and members cannot bring other members' children.
3. Members coming to swim for their reserved session must be in compliance with the health policies below.
4. Members will be required to leave the pool grounds as soon as their reserved session is over.
5. If the pool should close suddenly for inclement weather, members will be asked to leave the facility immediately.

### Health Policies (per CDC and Johns Hopkins Guidelines)

1. Members must agree to stay away from the pool for two weeks if they discover they have been exposed to a suspected or positive case of COVID-19 (and must notify [health@nccspa.com](mailto:health@nccspa.com) for a return phone call if they have recently been on NCCSPA premises) or have traveled to or from a highly impacted area (i.e. region with high incidence of COVID-19, air travel, mass public gatherings).
2. Members who have ANY of the following symptoms: fever, chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea or any other symptoms of illness (without taking medication), but haven't been tested for COVID-19 (or are awaiting being tested) may not come to the pool.
3. Any member who tests positive for COVID-19 after being on the NCCSPA premises MUST immediately notify [health@nccspa.com](mailto:health@nccspa.com) for a return phone call so that we can do what is needed to protect the pool community. Members who have tested positive for COVID-19 may not return to the pool until they have fully recovered AND must request and be granted clearance by contacting [health@nccspa.com](mailto:health@nccspa.com) for further consultation with the Montgomery County Health Department.
4. Members (including children over two) are required to wear masks: 1) while waiting for entrance to the pool and exiting the pool and 2) while speaking to the pool staff. Any socialization with someone outside of your household requires social distancing

guidelines (maintaining six feet of distance) and masks if unable to maintain the distance, and for sustained contact. You do not need to wear a mask in the pool as swimming with a mask is not safe.

5. Time will be allotted for quick cleaning of swimming pool area between the 90 minute blocks, in addition to the daily sanitizing of bathroom and common touch areas by a professional cleaning company.

Anyone with related concerns about these guidelines and the health of the NCCSPA community can confidentially contact [health@nccspa.com](mailto:health@nccspa.com).

### Children

1. The baby pool is closed during Phase 2 per state order.
2. Children not COMPLETELY potty trained will be required to wear a fresh swim diaper (not a regular diaper) with tight fitting plastic pants over the diaper. Guards will inspect for proper fit. A limited supply of plastic pants will be available for \$5 each at front desk.
3. Children 14 and under must come to the pool with an adult (18 and over) in their family.
4. No pool toys (i.e. balls, floats) are permitted at this time.
5. Parents are responsible for making sure their families maintain social distancing and follow all pool rules.

### Bathrooms

1. Bathrooms for emergency use only; members must let pool staff know that they will be using the bathroom so that proper cleaning will occur after use.
2. Showering and changing clothes in the bath house is not permitted this summer.
3. Outside shower is available for quick showering and for handwashing.
4. Hand sanitizer stations will be available (but members should also bring their own)

### Food

1. Use of grills, vending machines, ice cream trucks, food delivery will not be permitted
2. Kitchen for pool staff use only
3. Water fountain will be inaccessible this summer; please bring your own water bottle
4. Members may bring their own snacks.
5. There will be an abbreviated food truck schedule this summer!

### Furniture

1. Chairs/tables/benches not set up; shelter under the pavilion will be limited.
2. Members bring their own chairs; a limited number can be placed, properly distanced, under the men's bathroom overhang (where benches previously were) for some shade and easier view of the pool and within the marked off rectangles under a portion of the pavilion.
3. We will not be operating a lost and found this year; please be careful to take belongings when leaving the pool.

Please note that the NCCSPA Board authorizes the pool manager on duty to suspend any member who fails to follow these rules and/or puts another member or staff member's health at risk. Thank you for taking the time to review the rules, and for your cooperation.